





Dear Friends,

Another year has come and gone, and through your generous support of KVC Health Systems, you've made a world of difference in people's lives.

It can be easy to become weary of doing good. There always seem to be more reports of children exposed to unthinkable abuse and neglect, more families struggling to resolve their challenges without violence or substance use, and more individuals carrying the weight of depression, anxiety, or even thoughts of suicide. These are the tough realities we confront every day.

But, as the saying goes, we will see the result of all this caring and hard work if we do not give up. Together, we're protecting

childhood for tens of thousands of children. Joy, wonder, relationship, security, belonging, and fun – yes, even fun – are what you have given to so many children through KVC. Together, we're creating healthy families and communities. We're connecting parents to the resources, supportive people and expertise they need to move toward a bright future.

Yes, it's true that needs remain. But thanks to you, we're making a huge impact – the kind of positive change that is meaningful and long-lasting. We hope you enjoy reading about your impact in this 2017 Impact Report and that it encourages you to keep caring, giving and doing good.

Jason Hooper

President & CEO

David F. Ball

Co-Chair, KVC Board of Directors

B. Wayne Sims

Co-Chair, KVC Board of Directors

Total Impact

Healthy childhoods and healthy communities – that’s what we’re focused on creating.

But life can be hard. Families sometimes face tremendous hardship or carry trauma that passes on from generation to generation. This can lead to parenting challenges, strife among family members, substance use, loneliness, depression, hopelessness, and even thoughts of suicide.

In these cases, the multitude of staff and volunteers who make up KVC stand ready to help. We know that the integrated health and family services we provide are making a meaningful, long-lasting difference in people’s lives. We know this because we value client voice and choice and develop solutions alongside

each family. We know this because we use in-home services and other research-based approaches to help people. We know this because we solicit feedback at every step and welcome external review of our outcomes.

This work is often unseen. It is usually deeply personal and happens in homes or other private environments. But success happens each and every day. Families are strengthened to remain safely together or reunited; children and teens are adopted by loving families; therapy empowers people to live joyful, satisfying lives; and those who felt like they were hitting a wall finally find answers and support. This is the impact we create and celebrate.

63,795

people’s lives directly touched by KVC this year

Plus thousands more children and families benefited from KVC sharing its best practices with other agencies



Families Strengthened

We help families in crisis find the resources that will keep them safely together.

When we talk about strengthening families to remain safely together, we're really talking about two things: The first is preventing children from entering foster care. The second is safely returning and reintegrating a child temporarily in foster care with his/her family.

Though there are many names for this work including family preservation, diversion, and permanency, the essence is the same: we work hard to keep children with their parents whenever safely possible. This is so important for children but equally important for parents. Families belong together.

While each family has its own story, it's clear that the parents are the heroes. They overcome tremendous obstacles including past childhood trauma, addiction, and lack of support to keep their children safely at home. KVC simply comes alongside them with the tools and resources to help strengthen these families so they can regain control of their stories and write a new, much happier chapter.



A KVC Success Story

Kassi and Michael's Story

Kassi and Michael are the parents of two girls: a ten-year-old and a nine-year-old who has special needs. Both parents felt overwhelmed with parenting, finances and family relationships, which led to their daughters' needs not being met. A court decision was made to remove the girls from the home and have a family member temporarily care for them while Kassi and Michael learned healthy skills to help them manage stress and be successful as individuals and as parents.

The journey to reunifying their family was challenging, but Kassi and Michael were committed to making a change. Through their own hard work and with the support of KVC professionals, the girls were able to safely return home. KVC provided aftercare services to ensure the family continued to succeed.

Kassi and Michael's family is now stronger than ever and they continue to work hard every day to create a better life for their family. They have found great support from their church to help them face any challenges that lie ahead and Kassi and Michael hope their story can be a source of hope and encouragement for other families involved in the child welfare system.

12,539	children safely prevented from entering foster care by stabilizing and strengthening their families
5,925	families strengthened to remain safely together
	<i>Of those families,</i>
5,335	received support to prevent the need for foster care
590	safely reunified after one or more of their children were in foster care

Adoption

We work to find children forever families so they experience the belonging and the love they deserve.

For most of us, it's difficult to imagine life without parents, family or home. But that is reality for children whose parents' custodial rights have been terminated by the courts. This usually happens following an intensive period of time during which family services and support are offered, but when unfortunately, the parents are unable to make the necessary changes to have the children returned to their care.

For these precious children and teens, the very best news they can receive is to know their adoptions have been finalized. The best feeling in the world

is feeling wanted, loved and like they truly belong. The best gift is having people who will celebrate the happy moments with them and support them with encouragement in the dark moments. Family is everything. Family makes life worth living.

For that reason, we work tirelessly to find the right family for each child and give them the support to make a new family work. It is our deep joy to celebrate several hundred children's adoptions this past year and more than 4,000 children's adoptions since our agency began.



A KVC Success Story

Sierra's Story

Sierra is an 11-year-old girl who experienced abuse and neglect. Her mother and stepfather used and sold drugs. The home lacked running water and electricity, and she had to take on the responsibility of getting food and cooking meals for her two half-siblings. An investigation resulted in a court decision to remove the children from the home and place them in foster care.

Sierra and her siblings went to live with foster parents Kelly and Rick Patterson. At first, the children were scared, but over time, Sierra began to open up and feel comfortable in the Pattersons' home. KVC provided intensive therapy and support to help Sierra cope with and heal from her traumatic childhood experiences.

Sierra's mother eventually made the difficult decision to relinquish her parental rights. This paved the way for the Pattersons to begin the process of adopting Sierra. Her two half-siblings were safely reunited with their father, and the three children remain in close contact and see each other often. Kelly and Rick anticipate that their adoption of Sierra will be final later this year, adding immense joy and love to their family. Visit www.kvc.org/sierra to watch a video of this young lady's incredible story.

449

children matched with adoptive families this year

4,006

children's adoptions facilitated in our agency's history

Foster Care

We provide 24/7 support to children rescued from abuse and neglect – giving food, a bed and a caring family to youth going through heartache and separation.

More than 428,000 U.S. children and teens are in foster care, and each of them deserves to feel safe and cared for by loving, supportive adults. Most of these youth have experienced abuse, neglect or other family challenges and have been temporarily removed from their homes for their safety.

Foster care provides an opportunity for families to resolve conflicts or disruptions and learn healthy skills in order for children to safely return home. Relatives, foster families and other caregivers play a tremendous role in helping children heal from trauma in a safe, caring environment until they can either be safely reunited with their families or another permanent family home can be found.

Traumatic experiences such as abuse or neglect can impact a child’s ability to regulate his or her emotions and manage behavior. Our agency-wide implementation of trauma-informed care and development of a new training curriculum has equipped staff, caregivers and communities with the hands-on tools needed to help children deal with and heal from the damaging effects of trauma.

More foster parents are needed in every community to help ensure that children who enter foster care can remain in their schools and communities and with their siblings, minimizing disruption to their lives during this difficult time. KVC offers free quizzes and eBooks to help individuals decide if foster parenting is right for them at www.kvc.org/free.



A KVC Success Story

Mother to Mother

It was a cold winter morning when Alissa received a phone call asking if she could foster a two-month-old baby named Bradley. After saying yes, she drove to pick him up. As she looked into his big brown eyes, Bradley broke into a huge grin.

Five days later, Alissa met Bradley’s mother for the first time. Nicole rushed into the room, excited to see her son. She said to Alissa, “Thank you for taking care of my baby. I have been praying that he would be safe and loved. Only God will ever repay you for what you are doing for my family.”

With the help and support of her case worker, Nicole completed all the things she needed to have home visits with Bradley. Alissa and Nicole formed a close bond during these visits and after seven months, it was determined that Bradley would safely return home to his mother. Both families came together and shared a meal to celebrate Nicole’s hard work and the start of a life-long friendship.

6,909

children cared for by relative caregivers or KVC foster families

In-Home Family Support

We teach adults the practical parenting skills needed to stop the cycle of violence and trauma and create a healthy, loving family.

In every community, families face challenges related to income, substance use, trauma and physical and mental illness. These challenges can impact a family's ability to stay safely together and may be too difficult to overcome without help from caring professionals.

Keeping children safely in their homes and with their families rather than entering foster care is our primary goal. We stabilize and strengthen vulnerable families by providing family therapy, parenting skills, education, therapeutic solutions and behavioral health treatment as well as connecting them with community resources.

Our services are unique in that they are delivered by licensed clinicians right in families' homes, which is where change must occur and where services are most effective. This in-home model removes any barriers to receiving treatment and eliminates the need to travel to an office, coordinate child care or take time off from work. Working with families in their home settings offers a unique opportunity for our staff to identify teachable moments and introduce new skills for strengthening families so that they may achieve ongoing success.



A KVC Success Story

A Father's Love

Noah is a child who was removed from his mother's care by the courts and placed with this father. His father had been on a journey of recovering from drug and alcohol addiction and was successfully maintaining sobriety. Having primary custody of his son was a new experience, but so too was knowing how best to help his son. Noah was diagnosed with autism and required special services to grow in his social and communication skills.

Noah's father quickly became one of the most attentive fathers we work with, seeking out services for his son, keeping meticulous notes and planning out schedules. Each time a new need presented itself, he took it upon himself to contact the appropriate professionals and implement new skills in the home. While doing all this, he successfully maintained his sobriety and obtained stable housing and employment. He also makes sure that Noah gets to see his mother and maintain a relationship with her, even though her situation is not as stable. Noah's father's ability to place his child's needs first and provide a stable, happy home is inspiring.

21,590

children and adults benefited from in-home services such as family therapy, behavioral healthcare and skill-building

2017 Impact at a Glance

National Impact

5,925

families strengthened to remain
safely together

449

children matched with
adoptive families

4,006

children's adoptions facilitated
in our agency's history

6,909

children cared for by relative
caregivers or KVC foster
families

21,590

children and adults supported
with in-home services

3,456

youth and adults treated at our
psychiatric hospitals

**63,795 lives directly
touched by KVC in 2017.**



State by State

Kansas

- 12,204 children served
- 10,085 children and adults received family preservation services to prevent the need for foster care
- 993 children safely reunified with their 590 families after being in foster care
- 330 children matched with adoptive families last year
- 4,000 children matched with adoptive families since 2005
- 3,249 children received aftercare support services following family reunification or adoption
- 5,436 children cared for by KVC foster families and relatives
- 1,005 children and adults received outpatient behavioral health services
- 3,456 youth and adults treated at our psychiatric hospitals
- 9,731 individual therapy sessions provided to youth at our children's psychiatric hospitals
- 300 therapeutic virtual reality sessions conducted
- 39,266 patient days of care provided at our children's psychiatric hospitals, which is more than any previous year

Kentucky

- 6,369 children in 2,654 families received family preservation services
- 98% of children were maintained safely with or reunited with their families after receiving family preservation and reunification services
- 993 children and adults benefited from behavioral health services
- 125 youth received substance abuse treatment
- 38 children cared for by KVC foster families

Missouri

- 134 years of Niles' history in the heart of Kansas City secured for the future thanks to Niles and KVC merging
- \$1,382,765 raised for building renovations to better serve children and families
- 33 new staff hired and trained
- 75 volunteers provided guidance and support throughout the transition
- 5 new therapeutic experiences added to help children and teens healing from trauma
- 20 children served at the Niles Prep K-12 day treatment program

Nebraska

- 339 children and their 153 families received intensive in-home support
- 859 youth cared for by KVC foster families
- 152 children in foster care safely reunified with their families
- 47 children's adoptions facilitated
- 21 individuals with intellectual or developmental disabilities supported in KVC extended family homes

KVC Institute

- 4,495 people received training or consultation on best practices through the KVC Institute
- Agencies in 16 U.S. states and 4 countries received child welfare or health-related consultation
- 4 major research projects underway

West Virginia

- 555 children and adults received in-home support including behavioral healthcare
- 576 children cared for by KVC foster families
- 198 children supported in their home communities through Safe at Home WV
- 70 children matched with adoptive families

1,367,833 nights children in out-of-home care were safely tucked into bed over the last year

Behavioral Health and Children's Psychiatric Hospitals

We help youth heal from unimaginable trauma so they can be healthy and happy.

No parent imagines a day when they have to bring their child to a children's psychiatric hospital. But every day, there are thousands of parents who see their children struggle with defiant or aggressive behavior, severe academic problems, emotional and behavioral health crises, and even inflicting harm on themselves or others.

At KVC, our compassionate staff are eager to help. We view behavioral health disorders through a trauma-informed lens. We know that a youth's brain development is affected by adverse childhood events. Children who feel toxic stress

often experience interruptions in healthy brain development. These traumatic experiences affect the child's ability to manage emotions and succeed in their homes and communities.

What makes our services effective is this in-depth understanding of the brain. Through our day treatment, in-home behavioral health, residential treatment and psychiatric hospitals, we help children and adults strengthen their brains. It's amazing but true: the brain can change and that changes *everything*.

3,456	youth and adults treated at our psychiatric hospitals
9,731	individual therapy sessions provided to youth
300	therapeutic virtual reality sessions conducted
39,266	patient days of care provided, which is more than any previous year



A KVC Success Story

Lydia's Story

Lydia was born outside of the U.S. and lived in an orphanage until she was adopted and brought to America at 18 months old. Tragically, her adoptive mother physically and sexually abused Lydia and the courts removed her from that home at the age of nine. Ongoing exposure to severe trauma made it difficult for Lydia to control her emotions. She became untrusting of people and physically aggressive. She harmed herself and had thoughts of suicide.

When at age 17 she walked through the doors of KVC Prairie Ridge, our children's psychiatric hospital, she felt depressed and hopeless. She had no joy and rarely smiled. But with time and dedication from our behavioral health technicians, therapists and entire staff, she started to feel that KVC was a safe place where she wouldn't be rejected or shamed for her struggles or trauma. Lydia built bonds with our team members and expressed that she felt truly loved for the first time in her life. We helped her to realize that she was caring, loving and beautiful. It was hard for her to see that at first, but she was able to find those strengths. Through therapy, emotion regulation practice, brain strengthening exercises, and even the calming use of virtual reality, she was able to see that she had the power to make her life completely different.

When she was ready to leave, we gathered to plant a tree in her honor: The Lydia Tree. It is a reminder that everyone can heal and grow, no matter the circumstances.



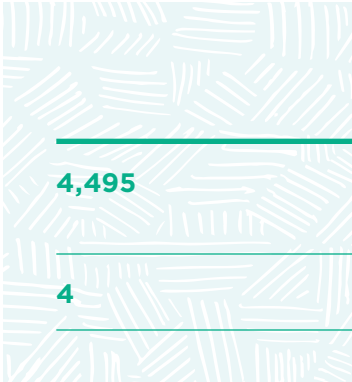
KVC Institute

Many complex social problems exist in our society today, and the KVC Institute for Health Systems Innovation is focused on developing creative solutions to these problems. The latest neuroscience shows that when children have the opportunity to develop a healthy brain, healthy communities emerge and prosper. Every child needs to be safe and cared for by loving, supportive adults.

Many of the 428,000 children and teenagers involved in the U.S. child welfare system have experienced trauma such as abuse and neglect. A five-year research study of our implementation of Trauma Systems Therapy (TST) showed positive outcomes for children cared for using to this trauma-informed intervention model including improvement in functioning, placement stability, and behavior and emotion regulation. Staff and caregivers are better informed on how to help children deal with and heal from the damaging effects of trauma.

In partnership with KVC Hospitals, the KVC Institute also introduced virtual reality technology into behavioral healthcare treatment. Individuals affected by trauma, depression and anxiety can experience and interact in a three-dimensional environment with a world of creative possibilities. Virtual reality has the potential to enhance clinical practices through role-playing, sensory integration, executive functioning, socialization, decision making and pleasant imagery.

The goal of the KVC Institute is to transform the experience of childhood for all children, in the U.S. and abroad, by advancing health and wellness. Our best practice approaches for improving child and family wellbeing and creating healthy, prosperous communities are being shared with state government agencies, private service providers and international governments. We continue to consult with the country of Singapore to help transition their high number of children living in congregate care to community-based foster family homes.



Provided child welfare or health-related consultation to agencies in 16 U.S. states and 4 countries

4,495

people received training or consultation on best practices through the KVC Institute

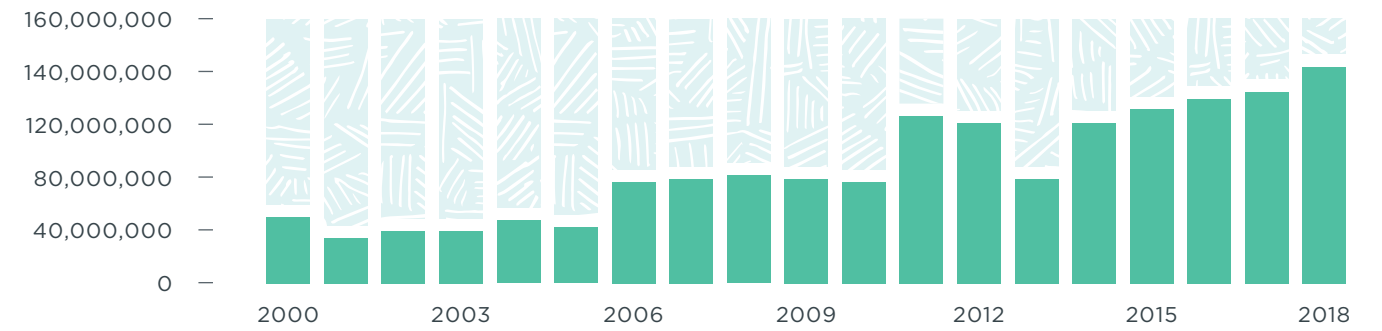
4

major research projects underway



2017 KVC Health Systems and Subsidiaries Financials

Operating Revenue

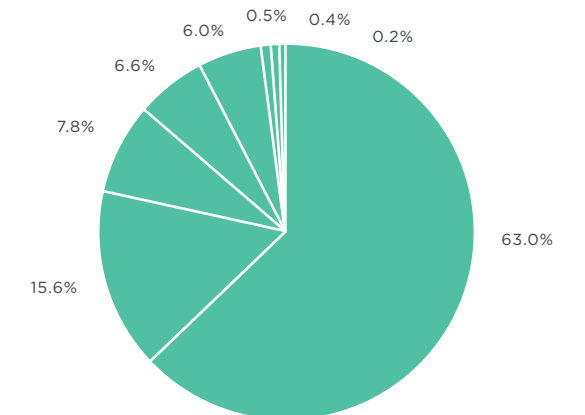


Operational Expenses



Operational Revenue

Kansas Services	63.0%
Hospital Services	15.6%
Kentucky Services	7.8%
West Virginia Services	6.6%
Nebraska Services	6.0%
Health Systems/Institute	0.5%
Foundation	0.4%
Niles	0.2%



On behalf of the more than 63,000 children and families KVC served last year, we sincerely thank the individuals, organizations, foundations, and state and federal agencies that give their time and resources to make a difference.

Fiscal Year July 1, 2016 – June 30, 2017

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Many thanks to the professionals who donate their time, talent and expertise by serving on the KVC Foundation Board, General Advisory Board, Young Advisory Board and other local groups.





Our mission is to enrich and enhance the lives of children and families by providing medical and behavioral healthcare, social services and education.

We need you

You can make a difference. There are many ways you can help children, adults and families in crisis.

- Foster or adopt a child
- Sponsor a fundraising event
- Become an Everyday Hero via monthly giving
- Donate holiday gifts or school supplies
- Follow KVC on social media and share our posts
- Educate others
- Volunteer





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